

Sistrums



A sistrum is a sacred rattle that was carried by noble women and priestesses during temple ceremonies in ancient Egypt.

The sistrum handle often depicts the head of the goddess, Hathor, who represents dancing, music, joy, and love.

Tomb paintings and instruments tell us that music and dance played an important role in daily life, private festivals, and temple rituals of ancient Egypt. Although we do not know what Egyptian music sounded like, we do know that cymbals, harps, and flutes were commonly used instruments.