

CITY OF TRENTON



SENIOR TIDINGS



FEBRUARY 2019

WESTFIELD ACTIVITIES CENTER

734-675-0063

Welcome Back, Friendship Dancers!

The Friday evening Friendship Music and Dancing Senior group took the month of January off, and is now ready to get back to Westfield, **starting February 1st, at 5 pm**, to start the year off with some great music and always wonderful friendships! Please mark your calendars and feel free to join this active group every Friday evening, until the end of June. There is always live music, admission is \$8 per person, and a light supper is always served.

The February band schedule is as follows:



February 1st , Solitaire
February 8th, Tommy James
February 15th, Mike Wolverton
February 22nd, Brian Bosman
Doors open at 5:00 pm



Please call 675-0063 for more information

STATE of the CITY
ADDRESS

MONDAY,
FEBRUARY 4th

Sponsored by the
Trenton Rotary,
featuring
Mayor Stack

at the Westfield
Activities Center

11:30 Luncheon
12:30 Program

(You must have a ticket to attend, please call 675-6500 for more information)

♥ Happy Valentines Day ♥

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'AARP' TAX-AIDE



Appointments are now being scheduled for the 2019 season for 'AARP' Tax Preparation at the same location as previous years:

37 North Church, A Wesleyan Ministry
14250 Reeck Road, Southgate, Michigan 48195
Telephone # is 734-250-8487
(between 9 am to 2 pm)

Tax preparation is by appointment only.

The hours of operation for service and appointments are:

Monday through Thursday from 9:00 am til 2:00 pm

No Friday appointments are available.

(Please Note: There is only one phone line to take your call, and it is very busy, so don't give up, continue to call until you get through!)

LUNCH BUNCH INFO

Join this fun-filled group of Seniors, as they meet each month at a local restaurant, for a great lunch and plenty of friendship with friends.

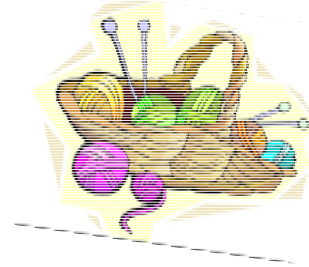


The group will meet on **February 18th**, at **Noon**, at **Olive Garden, 15355 Eureka**, in Southgate. Lunch is on your own, and you must provide your own transportation. Larry B. will be passing out a sign-up sheet for the day at the New Horizon Club on Thursdays, or you can call him at 676-3387. You can also let us know in the office, and we will get you signed up to join them. Everyone is welcome!

February 'Knitting Knews'

It's a new year, and if you are looking for a fun activity for a Monday morning, be sure to join the Knit & Crochet group that now meets at Westfield every Monday! If you love to knit, haven't worked on your skills or projects for a while and want to refresh yourself, or want to just try to learn with some basic stitches, you need to join this group! They have lots of fun, have made lots of new friends, (or rekindled old friendships and memories), and are making some very worthy and beautiful projects!

The group meets on Mondays at Westfield from 10 am til Noon, and there is a very qualified volunteer instructor present to help with questions you may have. Please call 675-0063 for more information.



DOWNRIVER CHRISTIAN WOMEN

Monthly Pot Luck Luncheon at Westfield

Tuesday, February 27th, at 11:45 am

Aneita Campbell and her daughter, Sarah Keila, will be ministering in word and song today, with a message on 'How to Handle a Detrimental Situation'. Anita is a chaplain in the Wayne County penal system, and also a host on the radio program Bible Talk/WLQV, 1500 AM.

The luncheon will begin at 11:45 am, so please bring your own table setting and a ready-to-serve dish to pass.

There is no cost to attend, but a free-will donation is accepted.

For more information, please call Carole at 676-5493, or Alice at 654-6038.



TRENTON SENIOR SERVICES AND PROGRAMS

Don't forget to take advantage of all the great services and programs that the City of Trenton offers to Senior Citizens all year long!

Blood Pressure Checks: visit the nurses from Henry Ford Hospital on the second Thursday of each month to keep a check on your blood pressure. **11 am to 1 pm, in the Drop-In Center**

Loan Closet Supplies: there are items available for Trenton Seniors to rent when you are in need of them for a short period of time. Wheelchairs, walkers, shower chairs, and more. A cash deposit is taken at the time of rental and returned to you in full when you return the equipment.

Trenton Transportation: a door to door shuttle service for Senior residents, 60 years and older, for trips to the doctor, grocery store, hospital (non-emergency), and much more. \$3 per trip, must have registration card on file. 734-692-5632 for an appointment

Passport applications and photos: if you do not already have a passport, or need to re-new yours, you need to go no further than the Parks and Rec Department, at the Kennedy Rec Center! Appointments are necessary, and there are specified hours for this service. Please call Parks & Rec for complete details and items needed at 675-7300.

And remember to exercise in one of the following programs!

Chair Yoga: Wed. at 10:15 am and 12:15 pm at Westfield

Walk Michigan: Tuesday, Wednesday, and Thursday at THS at 5:00 pm (until May 16th)

Senior Aerobics: Tuesdays and Thursday at 7:30 or 8:40 am

(Registration for the exercise classes is taken at the Parks and Rec Dept.)

Please call the Westfield office at 675-0063 if you have any questions or need additional information on the above services and programs!



WESTFIELD SENIOR CLUB AND PROGRAMMING INFO FOR 2019

Here's the 2019 reminder update to visit Westfield and join more of our great activities!

In addition to the 3 Senior Clubs that meet at Westfield weekly (please see the back calendar for that info), there are plenty of other open activities to attend throughout the week:

Knit & Crocheting: Mondays at 10 am, no charge

Double Deck Pinochle: Mondays at 1:00 pm, 50 cents at door

Mahjongg: Tuesdays at 11:00 am, no charge; **Euchre:** Tuesdays at 12:30 pm, \$1 at door

Bridge: Tuesdays at 1:00 pm, 50 cents at door

Bunco: Wednesdays at 2:00 pm, \$1 at door


Euchre: Thursdays at 2:45 pm, 50 cents at door

Pinochle: Fridays at 1:00 pm, 50 cents at door



These are all drop-in groups that do not require a membership of any sort, so please feel free to stop in the building during any of these times if the activity interests you, and bring your friends!

FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 3	4 <i>State of the City</i> <i>With Mayor Stack</i> 10 am Knit & Crochet 1 pm DD Pinochle	5 11 am Mahjongg 12:30 pm Euchre 1 pm Bridge 1 pm Bowling 5 pm Walking @ THS	6 12 pm Heritage Club 2 pm Bunco 5 pm Walking @ THS	7 Food Pantry Day! 12:30 pm New Horizon 2:45 pm Euchre 5 pm Walking @ THS	1 1 pm Pinochle 5 pm Friendship Club <i>Band: Solitaire</i> Hockey Showcase	2 Hockey Showcase At Kennedy Ice Rink
10	11 10 am Knit & Crochet 1 pm DD Pinochle	12 11 am Mahjongg 12:30 pm Euchre 1 pm Bridge 1 pm Bowling 5 pm Walking @ THS	13 12 pm Heritage Club 2 pm Bunco 5 pm Walking @ THS	14 11 am Blood Pressure 12:30 pm New Horizon 2:45 pm Euchre 5 pm Walking @ THS	15 1 pm Pinochle 5 pm Friendship Club <i>Band: M Wolvorton</i>	16
17	18	19 11 am Mahjongg 12:30 pm Euchre 1 pm Bridge 1 pm Bowling 5 pm Walking @ THS	20 12 pm Heritage Club 2 pm Bunco 5 pm Walking @ THS	21 12:30 pm New Horizon 2:45 pm Euchre 5 pm Walking @ THS	22 1 pm Pinochle 5 pm Friendship Club <i>Band: Brian Bosman</i>	23
24	25 10 am Knit & Crochet 1 pm DD Pinochle	26 11 am Mahjongg 12:30 pm Euchre 1 pm Bridge 1 pm Bowling 5 pm Walking @ THS	27 12 pm Heritage Club 2 pm Bunco 5 pm Walking @ THS	28 12:30 pm New Horizon 2:45 pm Euchre 5 pm Walking @ THS	